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Ball run game app

Not very long ago you needed one purpose peripheral to monitor your running, but now smartphone apps make it easier than ever. You have many options for both iPhone and Android. Some have a feature rich in a lot of stat tracking, and others have fun games to distract you as you work out. This week, we're looking at five of the best smartphone apps. At the beginning of the week, we asked you which apps are best. You were considering your nominations. We compounded them, ranked them and picked out the top five. Here they are: Are you just starting to work or you're an experienced veteran, smartphone running apps... Read moreRunKeeperRunKeeper has long been one of our favorite apps to track your running habits, and this is clearly another of the most popular. For the free app, it is very feature rich and includes ways to track runs, jogging, and even cycling. If you have time you are particularly proud you can share that through Facebook. RunKeeper also has a great set of stats to see if you're improving, controlling your pace, and getting better at getting better at how you do. If tracking all the data on your phone doesn't sound tempting, RunKeeper will also save your stats to your website so you can check it from anywhere. PR O Media can get commissions From Hue Smart Bulb 3 PackiOS/Android: Our favorite run-tracking app (and yours) RunKeeper, available on both iOS and... Read moreEndomondoEndomondo is a very social running app. As a RunKeeper it's easy to track your duration, distance, and speed. You can also create routes, challenge your times and challenge friends who live in your neighborhood. It's about as rich as running apps come in. You can get an audio trainer, monitor hydration, send friends to pep talks, and more. One of the cooler features is the ability to see other people's times on routes and test it against their own. For those who want to communicate over their runs, Endomondo offers all the options you need. Nike + Running much like Endomondo and RunKeeper, the Nike + Running App offers all the stats, history and sharing abilities you could ask for. Nike+ has its share of tricks up your sleeve though. You can be cheered on by a real-time crowd, activate powersong, which will help you complete your run, and track your performance in different weather. Nike+ works out without Nike accessories as well, so if you just want to run the phone, it's not a problem. Zombies, run! We really liked Zombies, Run! when it was first released on iOS. Now the app is out on Android (and Windows Phone) as well and gives everyone the opportunity to run zombies as quickly as possible. What Makes Zombies, Run! different is that it makes your morning jog into a story of survival. You don't just track your work with statistics and numbers – you build a base full of supplies and use zombie chases as interval training. It's clearly not app stat-obsessed, but a fantastic experience for anyone who hates jogging.iOS: Not motivated to start running? Would it help if you tried to escape... Read moremapMyRunAs the name suggests, MapMyRun is all about tracking your route. In addition, MapMyRun monitors your distance, calories, height, and your diet daily. Nutritional information is what makes MapMyRun stand out the most. If you have a bad day where you're lagging behind in your regular times you can check in to see what you ate on other days and try to improve your overall health. It also gives you an estimate of how much you should eat and how much water you need. Now that you've seen the top five, it's time to put them all out to vote to decide which smartphone running app is best for. This week's venerable mention goes to iSmoothRun, an iOS-only running app that uses both accelerometer and GPS to track its distances. You can also keep all your data and output from any other service you want, improve your running style of metronome, and even create your own intervals. Do you have anything to say about a contestant? Do you want to make a case for your personal favorite, even if it wasn't on the list? Remember, the top five are based on your most popular nominations from the appeal of the nominees theme earlier in the week. Make your favorite or alternative case in the discussions below. Hive Five is based on reader nominations. Like most Hive Five posts, if your favorite was left out, it's not because we hate it-it's because it didn't get the candidates needed to call candidates for the post to make the top five. We understand that it's a bit of a popularity eline, but if you have a favorite, we want to hear. Do you have a proposition for hive five? Send us an e-mail to tips+hivefive@lifehacker.com! Philip Lee Harvey/Image Bank/Getty Images play a 7-Up ball game, all you need is a smooth, flat surface (wall or floor) and a happy ball. If you have a safe, open indoor space (without breaks), you can even play 7-Up inside. Children can play a 7-Up game solo or with friends. The game is easy to learn, but challenge enough to keep your child interested. The most important thing is that it gets them moving to increase their physical activity time. Outside, you need a flat area where you can safely bounce a small ball, such as a tennis ball or a rubber ball. The 7-Up game is traditionally played against a smooth wall or even a garage door. Brick or concrete works better than aluminum liner and a wide space without windows works best. If you don't have a good wall to use. But you can also play a 7-Up game against the ground. The goal of the game is to bounce the ball against the wall determined several times when between the specific skill bounces. The skills are as follows (although variations are common; these are just a suggestion): Seventies: Bounce the ball against the wall seven times. Catch it for the seventh time. No-wall version: Bounce the ball against the ground seven times. Sixties: Bounce the ball against the wall and then allow it to bounce once on the ground before catching it and throwing it again. Repeat six times. No-wall version: Throw the ball up in the air six times (no bounces). Fivesies: Bounce the ball on the ground five times. No-wall version: Bounce the ball on the ground five times, but throw it hard enough that it bounces over your head. Catch on the way down. Foursies: Bounce the ball from the ground to the wall and then back to you (it's the opposite of what you do with the Sixies). Repeat four times. No-wall version: Throw the ball up, let bounce, then catch. Repeat four times. Thirties: Bounce the ball on the ground first, then use your palm to bat the ball against the wall, then catch it before it bounces on the floor again. Repeat three times. No-wall version: Bounce the ball, then hit it down again before catching it. Repeat three times. Twosies: Toss the ball under the foot and bounce off the wall, then catch. Repeat.No-wall version: Bounce the ball under your feet, twice. Onesies: Throw the ball against the wall, spin around completely (360 degrees), then catch the ball before it bounces. No-wall version: Throw the ball in the air, do its spin, if it falls and bounces, then catches. You want to keep playing? Repeat the whole process, but add a clap of your hands between each throw/bounce. Then add two clap, and so on. Or change finger snap, knee lift, or any other move. There's a lot of room for creativity. Note: The game Heads Up Seven Up may have a similar name, but it's an on-your-seat guessing game that doesn't contain a lot of physical activity. If you need a classroom game that includes active play, try to break your brain. Thanks for the feedback! What are your concerns? Do

you have time to kill? Your first reaction may be to pull your smartphone and start browsing through Facebook and all the other social apps you use – which is good if you're into an endless stream of clickbait headlines, photos of your friends' kids and YouTube links to videos of pets doing strange things... But if you're craving something more stimulating than just peeling through all the junk that filters through your social feeds, your next best option would be to start hunting around cool apps that are fun and creatively challenging. Now that the world has embraced mobile technology as much as it is, you're pretty much guaranteed to come across at least some great apps to try to appeal to your interests. To get started, you can view some of the game apps suggested below. French GirlsDownload Link: iOSFrench Girls is an app where you draw other people's selfies and have your selfies pulled too. As the application Community-led, it comes with its own set of advantages and disadvantages that you can quickly learn from when you go using it. Sometimes you get lucky and you get a very talented artist who draws you. Other times you get a drawing back that's deliberately rude or offensive.2. Fab Tattoo Artist Secret SalonDownload Link: AndroidEver wonder what it's like to work with a tattoo artist? This game puts your creative ink drawing skills to the test, presenting you with all kinds of demanding clients who want tattoos to match their unique personalities. You can start by taking your first challenge, or alternatively play in free style mode. This game is wickedly fun when you're fine it looks a bit like flash animation 10 years ago, and the only real downsides of it are the lack of color variety and a limited number of challenges.3. Pulled TogetherDownload Link: iOSIf you have an iPad you can try being pulled together - a drawing game inspired by the notion that people can come up with all sorts of different creative ideas if given the same simple challenge. You get a minimal tool set of colors and shapes to come up with your own interpretations. If you don't mind the simplicity and minimal feeling of it all, it could prove to be a great way to give your mind a workout. On the other hand, if you prefer more options to add as many details as you want to your drawings, this app may not be for you. 4th DotsDownload Links: iOS | AndroidDots is a deliberately simple but highly addictive game. To test your speed and color matching skills, match tasks to create your own points by combining one point from another to make squares or rectangles. You can get really creative, trying to plan how you're going to make your next square. If you are into minimal style games, this is a great way to kill time.5. ColormaniaDownload Links: iOS | AndroidColormania is a truly unique game app that allows you to play with colors and test your pop culture knowledge at the same time. You'll be shown a small portion of the picture from recognizable brands, celebrities, TV shows, and more that you need to dig in your memory to identify and see if you can paint correctly. This game is highly recommended for people who love pop culture.6. Kaleidoscope Doodle PadDownload Links: iOS | AndroidSa doesn't need a real kaleidoscope to see the beautiful colors and patterns that you can create. This app allows you to challenge yourself to make your own, using different models and brushes to work with. The interface is a little hard to draw, but if you can learn how to make the right gestures and choose your tools wisely, the results will be breathtaking.7. Puzzle PuzzleLae Links: iOS | AndroidIf coloring is not your thing, why not try the puzzle game? With an app like this Jigsaw Puzzle one, you never have to worry about pieces going missing. Bonus: The bigger your device, the more pieces you need with – up to 400-piece puzzles if you use the app iPad! It is a great alternative to physical puzzles at a fraction of the price and comfort of portability and durability. Puzzle puzzles can be fun, but if you want to increase it, try Cross Fingers - a game that challenges you to combine wooden pieces with a large tangram puzzle. The game is designed to seriously test your thinking and imagination, so don't be surprised if you find yourself zoning out as you focus intensely on trying to solve the puzzle.9. Smash HitDownload Links: iOS | AndroidGot pair of headphones handy? You need to play Smash Hit - an artistic game that takes you through strange and colorful dimensions, challenge you to move in with sounds and smash things that get your way. With over 50 different futuristic rooms to explore, this app has received some incredibly positive reviews from its users and has featured an editor's choice in the iTunes App Store.10. Create! PotteryDownload Links: iOS | AndroidWho says you need clay to start experimenting with sculpture in your ceramics? All you really need is this incredibly fun and easy to use ceramics app that offers you a 3D sculptural experience unlike any other. If you have a real creative fire burning inside you and urge something else, this is one app that definitely fits the bill. You can start ceramic making for guests where you can mold clay in all sorts of different formations, create your own color palettes, and even fire your oven to complete each ceramic project.11. Finger Paint MagicDownload Link: iOSOne of the best things about mobile apps is you can use your fingers for everything. What better way then to start finger painting without all the real color? Finger Paint Magic allows you to choose from a variety of brushes, adjust the size and thickness, and even create a mirrored effect on your paintings. It's one of the best finger painting apps and it's free.12. Impossible DrawDownload Links: iOS | AndroidIf you're looking for a truly unique drawing experience, take an intense journey through cyberspace with an impossible drawing: an app that brings you hundreds of dream-like drawing challenges to get your creative juices truly flowing. With special effects, audio tracks and different themes to choose from, this is one of those game apps that really stands out for the rest. 13. One Touch DrawingDownload Links: iOS | Android Can you draw shapes without ever raising a finger? When you're ready to try and do the challenge, One Touch Drawing is the app you need. You get some hints of arrows that point you in the right direction, but you can't draw the same line twice. It's one of those simple games that brings a new sense of creativity to the classic game and only gets harder if you keep going.14. Monument ValleyDownload Links: iOS | Android Are you an architectural nerd? If you are (or think you can Then you love Monument Valley. This amazingly difficult game guides you through strange worlds of impossible structures and optical illusions in each different challenge, all in 3D. For those who are fussy about the mobile games they play and prefer them to an aesthetically pleasing eye as possible, you can't get much better than this one. It's pretty incredible to see how creative some of these game apps can be with 3D graphics and Shadowmatic is no exception. In this game, you turn the abstract objects around until you see the recognizable shape of the displayer behind them shadows. The visuals are absolutely gorgeous, and your imagination is really put to work with every new challenge.16. BlekDownload Links: iOS | Android's Award-winning Blek app is praised for its elegance and genius in gameplay, which is really incomparable to anything else out there. Designed to build imagination and your unique personality, the goal of the game is to create a shape line that collects all colored circles while avoiding black holes. With a seemingly endless number of creative options and 80 levels to get through, you can count on this app killing boredom.17. Latest VoyageDownload Link: iOSHere is a unique game app that combines the huge mystery of space exploration with a creative challenge. In this game, you set out a journey to find what lies outside human culture and technology and face new concepts to explore and solve various puzzles. For gamers who love to get lost in the stories and unique atmosphere that visuals present, this app is a must-have.18. DeemoDownload Links: iOS | AndroidDeemo is a game that combines both storytelling and music rhythm as you embark on a quest to help the little girl who fell from heaven back home. The app features over 50 songs with over 150 variations, with real instrumental feedback offered while playing. This is the perfect game for any fantasy or music lover.19. ZengramsDownload Links: iOS | For Those who want minimal looks but are still looking for a good challenge, Zengrams are worth a look. The game features abstract puzzles you can solve, inspired by both origami and logic. There are over 70 levels (without hints) for you to work through, bringing you a completely different gaming experience with incredible visual mechanics you won't find in any other app.20. har•mo•ny 2Lae links: iOS | AndroidLastly, here is a game that combines puzzles, color and music all into one. The app is praised for being both relaxing and mentally stimulating, featuring over two hours of beautiful ambient music that takes you through hundreds of mesmerizing levels where you can work to restore color palettes. If you're skeptical that the app can offer both stress relief and a good mental challenge at the same time, you need to give this one a try! Any app on this list can leave you feeling like a real Genius. You're not just wasting time on frantic gameplay - you're actually challenging your brain and helping yourself unleash new ideas that are just waiting to bring to life. Life.

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